

# Postpartum Depression Screening is now a Covered Benefit for Pediatric and Primary Care.

PLEASE HELP NEW MOTHERS GET SCREENED



**1 IN 7** women suffer from Postpartum Depression (PPD)

Medicaid and managed care organizations now reimburse Providers for ONE screening for maternal depression per infant.

THE STANDARD FEE FOR SERVICE IS

**\$10.49**

## Billing and Coding

Please be sure to use the correct code, and do not include the mother's diagnosis code on the infant's Texas Health Steps checkup claim form.



**G8341**  
for positive screens



**G8510**  
for negative screens



## When to Screen

The American Academy of Pediatrics recommends screening new moms at the 1-, 2-, 4-, and 6-month well-baby visits.

## ACCEPTABLE SCREENING TOOLS

Edinburgh Postnatal Depression Screen (EPDS)

Patient Health Questionnaire (PHQ-9)

Postpartum Depression Screening Scale (PPDS)

## How to Handle Positive Screenings

Discuss the results with the mother and refer her to a Provider for further evaluation and treatment.

Appropriate Providers include:

- Appropriate Healthy Texas Women Providers (HealthyTexasWomen.org)
- Mental health clinicians
- Mother's primary care physician
- Obstetricians, gynecologists, family physicians
- Community resources such as local mental or behavioral health authorities



**IMPORTANT:** If the mother is at risk of causing imminent harm to herself or her baby, refer her to an emergency center.

## Required Documentation

To be reimbursed, include the following in the infant's medical record:



- SCREENING TOOL USED
- SCREENING RESULTS, INCLUDING WHETHER POSITIVE/NEGATIVE
- REFERRAL INFORMATION
- HEALTH EDUCATION AND ANTICIPATORY GUIDANCE PROVIDED
- DATE FOR NEXT INFANT WELL-VISIT OR CHECKUP

## ADDITIONAL RESOURCES

The Texas Clinician's Postpartum Depression Toolkit is available at the Provider Resources tab at [HealthyTexasWomen.org](http://HealthyTexasWomen.org).

